

四项措施为四个阶段的儿童保驾护航

选对座椅，安全无虞

乘客安全提示卡

即使您开车技术不错，也难免会发生撞车事故。根据您的孩子的年龄和体重，选用适合他们的约束装置，这一点非常重要。随着孩子的成长，请采取下方四项阶段性措施，以确保他们的乘车安全。



后向式汽车安全座椅

为不满 2 岁且未达到汽车安全座椅最大体重或身高限制的孩子选用后向式汽车安全座椅。当孩子长得高过婴儿专用安全座椅时，则应使用可换向或一体式汽车安全座椅，让他们面朝后坐车。



前向式汽车安全座椅

一旦您孩子的体重或身高超过后向式安全座椅所允许的限制范围，就应使用前向式汽车安全座椅。在您的孩子达到汽车安全座椅最大体重或身高限制前，务必让他们坐到带有挽具和系带的前向式汽车安全座椅内。



增高座椅

当您孩子的体重或身高超过前向式安全座椅所允许的限制范围时，应使用绑安全带的增高座椅。将孩子放在增高座椅内，调节腰肩安全带，使其贴近身体，这类座椅通常适用于 8 至 12 岁的儿童。



安全带

当您的孩子长大，适合系安全带时，应使用腰肩安全带。腰部安全带应系在较低位置且紧贴大腿上部，而肩部安全带应拉过胸部和肩膀的中间。孩子应足够高，在背靠汽车座椅时，能够沿后座边缘轻松地弯曲膝盖。

所有 13 岁以下儿童均应坐在后排。

注意！

在使用和安装汽车安全座椅时，请务必阅读并按照车主手册和制造商说明操作。

其他安全提示

1. 每次出行都应将您的孩子放置在约束装置中。大多数撞车事故常发生在低速行驶过程中以及离家较近的地方。
2. 每次均应正确安装与使用最适合您孩子的汽车安全座椅。
3. 经常量孩子的身高和体重，确保使用的约束装置适合他们。
4. 为孩子树立好的榜样，系好安全带！

需要帮助？

儿童乘客安全 (CPS) 认证技术师可为您检查汽车安全座椅并解答有关儿童乘客安全的问题。如需查找您所在地区的检查站，请访问：

trafficsafety.ny.gov/child-safety-seat-inspection-stations

有关儿童乘客安全的更多信息，请访问：

纽约州州长交通安全委员会 (New York State Governor's Traffic Safety Committee)

trafficsafety.ny.gov

纽约州卫生署 (New York State Department of Health)
health.ny.gov/prevention/injury_prevention/cars

美国儿科学会 (American Academy of Pediatrics)
aap.org

国家公路交通安全局 (National Highway Traffic Safety Administration)
nhtsa.gov

本计划由 *National Highway Traffic Safety Administration (NHTSA)* 资助，经 *New York State Governor's Traffic Safety Committee* 拨款支持

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**Department
of Health**

4 STEPS 4 KIDS

THE RIGHT SEAT MATTERS

Passenger Safety Tip Card

A crash can happen any time—even if you are a good driver. It is important to use the right type of restraint based upon your child's age and size. As your child grows, follow these four steps—one step at a time—to keep your child safe in the car.



Rear-Facing Car Seats

Use a rear-facing car seat until your child is at least two years old and up to the highest weight or height limit of the car seat. A convertible or all-in-one car seat should be used in the rear-facing position for babies who outgrow infant-only car seats.



Forward-Facing Car Seats

Use a forward-facing car seat when your child outgrows the rear-facing weight or height limit. Keep your child in a forward-facing car seat with a harness and tether, up to the highest weight or height limit of the car seat.



Booster Seats

Use a belt positioning booster seat when your child's weight or height is above the forward-facing limit for the car seat. Keep your child in a booster seat until the lap and shoulder belts fit properly, typically between 8 and 12 years old.



Seat Belts

Use a lap and shoulder belt when the seat belts fit your child properly. The lap belt should be low and snug across the upper thighs and the shoulder belt should lie across the middle of the chest and shoulder. Children should be tall enough to comfortably bend their knees over the edge of the backseat with their back against the vehicle seat.

All children under age 13 should ride in the backseat.

IMPORTANT!

Always read and follow your car owner's manual and the manufacturer's instructions for your car seat when using and installing your car seat.

Other Safety Tips

1. Restrain your child on every trip. Most crashes occur at low speeds and close to home.
2. The best car seat fits your child's size, is correctly installed and is used properly every time.
3. Weigh and measure your child often to make sure the right type of restraint is being used.
4. Set a good example for your child. Buckle up!

Need help?

A certified child passenger safety (CPS) technician can check your car seat and answer questions about child passenger safety. To find an inspection station in your area, go to:

trafficsafety.ny.gov/child-safety-seat-inspection-stations

For more information about child passenger safety, go to:

New York State Governor's Traffic Safety Committee
trafficsafety.ny.gov

New York State Department of Health
health.ny.gov/prevention/injury_prevention/cars

American Academy of Pediatrics
aap.org

National Highway Traffic Safety Administration
nhtsa.gov

*Funded by the National Highway Traffic Safety
Administration (NHTSA) with a grant from the
New York State Governor's Traffic Safety Committee*

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